TARGET AUDIENCE
This program is for African American boys who are in 5th to 8th grade.

SUMMARY
The Aban Aya Youth Project, a multi-sector program, is designed to prevent or reduce violence, aggressive behavior, delinquency, sexual activity, and substance use among youth.

EVIDENCE
A randomized, longitudinal study of this program conducted between 1994 and 1998 compared two versions of the intervention (i.e., one that included community and family involvement and one that did not) and a control condition that provided only basic healthy living and hygiene information. This study found that boys who participated in either of the intervention conditions showed reduced violent, provoking, and sexual behavior; reduced substance use and school delinquency; and increased condom use compared to the control group. This study also found that boys who participated in the intervention condition that included community and family involvement had significantly less school delinquency than boys who participated in the intervention condition that did not include community and family involvement. There was no significant difference between the two intervention conditions on violence, provoking violence, sexual behavior, or condom use. This study also included girls but did not find any significant effects of either intervention condition on girls' outcomes. The intervention condition that included community and family involvement is the version that is currently available.

COMPONENTS
The Aban Aya Youth Project intends to lessen violent and problem behaviors in African American boys by increasing protective factors and reducing risk factors. The program consists of classroom instruction, parent support, and community involvement. Sessions are conducted as part of the social studies curriculum and address specific topics, such as violent and provoking behavior, safe sex, school delinquency, and substance use. The project seeks to build the following cognitive-behavioral skills:

- Self-esteem;
- Problem-solving and conflict resolution;
- Goal-setting and decision-making;
- Resistance to peer pressure and promotion of strong interpersonal relationships;
- Stress management; and
- Empathy.

Community aspects of the program bring parents, schools, and local businesses together to support children and promote positive outcomes. Local school task forces help to change school climate through policy changes, promotion of community activities, school-community liaison personnel, and community advocacy.

PREVIOUS USE
This program was evaluated with a sample of students in the Chicago metropolitan area between 1994 and 1998. Additional previous use information was not located.
Aban Aya Youth Project

TRAINING
The classroom instruction is implemented by trained, university-based health educators. A 1-day training costs $1,500. Technical assistance is available and costs $100 per hour. For training information, please contact Dr. Jamila Rashid by phone 1-678-591-7654 or email dagram50@yahoo.com

CONSIDERATIONS
Considerations for implementing Aban Aya Youth Project include recruiting health educators; obtaining parent, school, and community buy-in and consent; amending social studies curricula to include the program; developing a system for monitoring fidelity of program protocol; and understanding that funding for training and program materials may be necessary.

The Clearinghouse can help address these considerations. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

IMPLEMENTATION
If you are interested in implementing Aban Aya Youth Project, the Clearinghouse is interested in helping you! Please call 1-877-382-9185 or email Clearinghouse@psu.edu

This program is implemented beginning in 5th grade and consists of 16 to 21 40- to 45-minute sessions delivered every year for 4 years during social studies classes.

Materials may be purchased from Sociometrics at www.socio.com/products/pasha-aban-aya-youth-project. The 4-year program package is $820. Years 1 to 4 may be purchased separately, and costs are $150 to 200 per package. A digitized version of the 4-year package is $375. Extra user’s guides are available in print for $18 or digitally for $12 each.

EVALUATION PLAN
To move the Aban Aya Youth Project to the Effective category on the Clearinghouse Continuum of Evidence at least one external evaluation must be conducted that demonstrates sustained, positive outcomes. This study must be conducted independently of the program developer.

The Clearinghouse can help you develop an evaluation plan to ensure the program components are meeting your goals. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

CONTACT
Contact the Clearinghouse with any questions regarding this program.
Phone: 1-877-382-9185 Email: Clearinghouse@psu.edu
You may also contact Dr. Brian R. Flay by email brian.flay@oregonstate.edu or contact Sociometrics Corporation by mail 1580 W El Camino Real, Suite 8, Mountain View, CA 94040, phone 1-800-846-3475, fax 1-650-949-3200, email pasha@socio.com, or visit www.socio.com/pages/contact_us.

SOURCE
www.socio.com/products/pasha-aban-aya-youth-project,
http://recapp.etr.org/recapp/index.cfm?fuseaction=pages.ebpDetail&PageID=593,

www.militaryfamilies.psu.edu