TARGET AUDIENCE

* This program is no longer available.

This program was for adults who had substance use disorders.

SUMMARY

Brief Strengths-Based Case Management (SBCM) for Substance Abuse, a community-based program, was designed to decrease barriers to substance abuse treatment, shorten the time it took to get into treatment, and enhance participant functioning. This program was an abbreviated version of SBCM.

EVIDENCE

A randomized controlled trial was conducted using the Brief SBCM for Substance Abuse program to assess the linkage between substance abuse intake and actual use of substance abuse programs. The Brief SBCM for Substance Abuse program was compared to a brief motivational interview for participants and participants who only received intake. Overall, the Brief SBCM for Substance Abuse program improved participant linkage between intake and utilizing substance abuse programs compared to the group who received motivational interviewing and the group who only received intake.

COMPONENTS

Brief SBCM for Substance Abuse was a one-on-one intervention (i.e., client and case manager) that used a strengths approach to create and employ a personal plan for recovery. Each of the five sessions covered one of the following topics:

- Assessment - Client identifies personal skills and strengths.
- Planning - Client and case manager develop relevant goals and decide how to meet goals.
- Linkage - Case manager encourages client to find and use other sources of help.
- Monitoring - Case manager helps client determine and eliminate any obstacles for treatment.
- Advocacy - Case manager is engaged and supports client's goals.

The client-case manager relationship was an important component of this program and case managers continuously sought to develop connection and alliance with their clients.

PREVIOUS USE

Approximately 250 adults from the original study published in 2008 used Brief SBCM for Substance Abuse.
TRAINING

This program was implemented by case managers who had experience working with substance abuse populations and using community resources to enhance their client's quality of life; however, educational requirements were unclear. A free implementation manual was provided for agency executives and supervisors. The manual included an intervention overview, staff selection process, policies and procedures, and specific training materials. A 2-day, on-site training session was provided for case managers. Cost for training sessions varied.

CONSIDERATIONS

Although this program is no longer available, considerations for implementing a similar program could include recruiting suitable case managers; obtaining participant buy-in; realizing some practical support, such as transportation or child care, may be needed; and understanding case manager salary costs may be expensive.

The Clearinghouse can help address these considerations. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

IMPLEMENTATION

If you are interested in implementing a program similar to Brief SBCM for Substance Abuse, the Clearinghouse is interested in helping you! Please call 1-877-382-9185 or email Clearinghouse@psu.edu

Each of the five sessions was between 90 and 120 minutes.

Implementation costs for this program included case manager's salary, which varied depending on the agency/organization involved and level of case manager's expertise.

EVALUATION PLAN

To move Brief SBCM for Substance Abuse to the Promising category on the Clearinghouse Continuum of Evidence, at least one evaluation should be performed demonstrating positive effects lasting at least one year post program initiation.

The Clearinghouse can help you to develop an evaluation plan to ensure the program components are meeting your goals. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

CONTACT

Contact the Clearinghouse with any questions regarding this program.

Phone: 1-877-382-9185 Email: Clearinghouse@psu.edu

This program is no longer available.

SOURCE

http://legacy.nreppadmin.net/ViewIntervention.aspx?id=58 (This website no longer contains program information).