Joven Noble

TARGET AUDIENCE
This program is for individuals who are 10 to 24 years old.

SUMMARY
Joven Noble, a community-based intervention, is designed to support personal moral development and protective factors in youth, including healthy relationship formation, while decreasing risk factors for substance abuse, unhealthy sexual behavior, and community and relationship violence.

EVIDENCE
One internal, uncontrolled pre/post study and one external, quasi-experimental study with a 9-month follow-up have been conducted. In the uncontrolled study, youth reported improvements on a number of sexual risk indicators, such as decreased previous 30-day sexual activity, decreased drug and alcohol use before their last sexual experience, increased HIV knowledge, and increased perception of risk. However, no effect was found on youth's condom use, and there was a small decrease in their sense of cultural esteem. In the quasi-experimental study, results demonstrated that at the 9-month follow-up, high-school youth in the active comparison group, Teen Medical Academy, reported fewer instances of nonphysical aggression and physical violence relative to the middle and high school youth in the treatment group. Similarly, youth in the active comparison group reported fewer instances of intimate partner violence (IPV) compared to youth in the treatment group. A grade-level effect was also found for IPV such that high school students reported fewer instances than middle school students. Collectively, these findings should be interpreted cautiously given study limitations related to research design, sample representativeness, measurement, attrition, and practical significance.

COMPONENTS
The Joven Noble curriculum teaches four foundational concepts:

1. Conocimiento (Acknowledgment) focuses on positive cultural identity development.
2. Entendimiento (Understanding) discusses societal influences, such as hostility and violence, and directs youth to discover their sacred purpose and pursue healthy goals.
3. Integracion (Integration) helps youth maintain a sense of connection to their culture while also being able to learn and adapt to their current environment.
4. Movemiento (Movement) promotes a sense of safety and trust through the use of adult mentor relationships as youth transition into young manhood and womanhood.

The program uses a variety of activities and learning experiences to teach the four core concepts and addresses participants as an individual and within a family and community context.

PREVIOUS USE
Since its creation in California in 1996, Joven Noble has been implemented in over 20 states. The program began as an intervention that targeted male, Latino youth and has expanded to include male and female youth from various cultural backgrounds.
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**TRAINING**

A 4-day, on-site training is required for program implementation. The training includes implementation materials, consultation services, and pretests and posttests. For more information on training and costs and to schedule on-site training, please contact the developers using details found in the Contact section.

**CONSIDERATIONS**

Considerations for implementing this program include recruiting participants and gaining their, and in some cases, their parents' buy-in; locating private space for program sessions; finding facilitators to implement the program; understanding some of the subject matter could contain sensitive topics; and realizing this program serves a large span of age groups and this should be taken into account when disseminating information.

The Clearinghouse can help address these considerations. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

**IMPLEMENTATION**

If you are interested in implementing Joven Noble, the Clearinghouse is interested in helping you! Please call 1-877-382-9185 or email Clearinghouse@psu.edu

The program consists of 10 sessions, which last 90 minutes each. Each 90-minute lesson may also be divided into parts, which can be delivered over several sessions.

Implementation costs will vary. Please contact Joven Noble using details in the Contact section for more information.

**EVALUATION PLAN**

To move the Joven Noble program to the Promising category on the Clearinghouse Continuum of Evidence, at least two well-designed studies should be performed demonstrating positive effects lasting at least one year from the beginning of the program or at least six months from program completion.

The Clearinghouse can help you develop an evaluation plan to ensure the program components are meeting your goals. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

**CONTACT**

Contact the Clearinghouse with any questions regarding this program.

Phone: 1-877-382-9185 Email: Clearinghouse@psu.edu

You may also contact Jerry Tello by mail 3129 S. Hacienda Boulevard, Suite #396, Hacienda Heights, California, 91745, phone 626-333-5033, email tellojt@aol.com, or visit www.jerrytello.com/index.html

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