Student Success Skills (SSS) Classroom Program

**TARGET AUDIENCE**

This program is for students who are in 4th through 8th grade.

**SUMMARY**

Student Success Skills (SSS) Classroom Program, a school-based program, is designed to improve students' academic achievement and increase students' self-esteem, social abilities, and self-management skills.

**EVIDENCE**

Three internal quasi-experimental studies evaluating the effectiveness of this program have been conducted; two of these studies implemented the Spanish Cultural Translation (SCT) version of the program. In the study using the English version of the program, results showed that treatment group students, relative to comparison group students, reported statistically significant improvements in pro-social and bullying behaviors, program skill utilization, and satisfaction with their classroom environment. In the studies using the SCT version of the program, results showed that, controlling for students' scores from the prior year, treatment group students scored higher than comparison group students on the reading and math sections of the Florida Comprehensive Assessment Test (FCAT). Furthermore, there is some evidence to suggest receiving a second dose of the English version of the program positively impacts youth's behavioral regulation and sense of connection to other students.

**COMPONENTS**

The SSS Classroom Program consists of 20 Powerpoint-led lessons that cover topics, such as setting goals; sharing success stories; developing a caring, supporting, and encouraging (CSE) classroom community; building cognition and memory skills; coping with test anxiety; and developing healthy optimism.

**PREVIOUS USE**

Since its creation in 2001 by Dr. Greg Brigman and Dr. Linda Webb, this program has been implemented in over 10,000 sites, including schools in Florida and Kentucky.
Middle Childhood  
School-based  
Academic Performance  
Emotional Competency  
School Culture  
Social Competency  

**Student Success Skills (SSS) Classroom Program**

**TRAINING**

Training is recommended but not required. Teachers, counselors, or social workers with a bachelor’s or master’s degree and relevant experience can implement the program using the comprehensive curriculum manual. A 1-day, on-site training is available and is offered in an optional train-the-trainer format. For more information on training and costs and to schedule on-site training, please contact the developers using details found in the Contact section.

**CONSIDERATIONS**

Considerations for implementing this program include gaining buy-in from administrators, teachers, parents, and students; adjusting the school day to accommodate the curricula and instructional practices; and offering training for facilitators.

The Clearinghouse can help address these considerations. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

**IMPLEMENTATION**

If you are interested in implementing Student Success Skills (SSS) Classroom Program, the Clearinghouse is interested in helping you! Please call 1-877-382-9185 or email Clearinghouse@psu.edu

**TIME**

The SSS Classroom Program curriculum is delivered in five 45-minute, weekly lessons that usually begin in August or September of the school year. Following completion of the five lessons, a booster session is taught each month for the next 3 months, and this session typically begins in January.

**COST**

The implementation manual for counselors, teachers, and social workers is $75. Please contact SSS using details in the Contact section for more information on implementation costs.

**EVALUATION PLAN**

To move the SSS Classroom Program to the Promising category on the Clearinghouse Continuum of Evidence, at least one evaluation should be performed demonstrating positive effects lasting at least one year from the beginning of the program or at least six months from program completion.

The Clearinghouse can help you develop an evaluation plan to ensure the program components are meeting your goals. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

**CONTACT**

Contact the Clearinghouse with any questions regarding this program.

Phone: 1-877-382-9185  Email: Clearinghouse@psu.edu

You may also contact Greg Brigman, Ph.D., by mail Atlantic Education Consultants, 333 E. Palmetto Park Rd. Suite 927, Boca Raton, FL 33432, phone 561-406-9860, email gbrigman19@gmail.com or visit http://studentsuccessskills.com/contact

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