The Nurturing Father's Program

TARGET AUDIENCE

This program is for fathers.

SUMMARY

The Nurturing Father's Program is community-based and designed to teach parenting skills to participants by encouraging men to develop communication skills, utilize conflict resolution techniques, and create a positive and nurturing family environment.

EVIDENCE

No peer-reviewed publications evaluating the effectiveness of the Nurturing Father's program were located.

COMPONENTS

The Nurturing Father's Program curriculum is based on the Nurturing Parenting Programs, several of which have been placed on our Continuum*. The Nurturing Father's Program intends to promote attitudes and skills that can help participants develop a nurturing parenting style. Lessons focus on the following topics:

- Develop secure, affectionate, and stable families;
- Promote positive discipline strategies;
- Improve parent-child relationships through helpful communication techniques;
- Enhance conflict resolution and problem-solving skills; and
- Create support for and cooperation among family members.

The program is delivered through a combination of lectures, audio recordings, activities, and workbook exercises. Curriculum materials are available in English and Spanish.

* Four separate Fact Sheets are available for the Nurturing Parenting Program.

PREVIOUS USE

The Nurturing Father's Program has been implemented throughout the United States.
The Nurturing Father's Program

TRAINING
Facilitator training is available. To obtain more information on training, please visit http://nurturingfathers.com/training/ or contact Mark Perlman using the email address listed in the Contact section.

CONSIDERATIONS
Considerations for implementing this program include recruiting facilitators, acquiring buy-in from fathers, finding time to implement the curriculum, and providing childcare if needed.

The Clearinghouse can help address these considerations. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

IMPLEMENTATION
If you are interested in implementing the Nurturing Father's Program, the Clearinghouse is interested in helping you! Please call 1-877-382-9185 or email Clearinghouse@psu.edu

The curriculum is implemented in 13 weekly sessions that last approximately 2 1/2 hours each.

The complete Nurturing Father's Program, including all materials for 20 participants, costs $650. Additional materials are available for purchase through the program website.

EVALUATION PLAN
To move the Nurturing Father's Program to the Promising category on the Clearinghouse Continuum of Evidence, at least one evaluation should be performed demonstrating positive effects lasting at least one year from the beginning of the program or at least six months from program completion.

The Clearinghouse can help you develop an evaluation plan to ensure the program components are meeting your goals. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

CONTACT
Contact the Clearinghouse with any questions regarding this program.
Phone: 1-877-382-9185 Email: Clearinghouse@psu.edu

You may also contact the Center for Growth & Development, Inc., by mail 3277D Fruitville Road #1, Sarasota, FL 34237, phone 1-888-390-1119, fax 1-941-953-9552, email mcperl@verizon.net, or visit http://nurturingfathers.com/contact-us/

SOURCE
http://nurturingfathers.com

www.militaryfamilies.psu.edu